

MANSFIELD UNIVERSITY CAMPUS RECREATION INTRAMURAL SPORTS

2008 CO-ED VOLLEYBALL RULES

All participants are required to complete a waiver of liability form each year. All participants in intramural sports activities assume the risk of injury. Mansfield University, its employees and agents shall not be liable for injury to person, loss or damage to personal property arising from or in any way resulting from participation in the intramural sports activities.

***Captains are required to read the rules and inform their team members of any changes to policies and/or procedures!**

TEAM SIZE:

- 1) A team consists of 6 players.
- 2) There must be at least 2 females AND 2 males on the court at all times during the game.
- 3) The minimum numbers of players needed to start the game is **5**.
- 4) The limit of players on the roster is 12.

ELIGIBILITY:

- 1) Only players listed on the roster are eligible to participate on the team.
- 2) Additions and/or subtractions to the team roster **must** be made **prior to the team's third game**.

GAME TIME:

- 1) It is recommended that teams arrive 10 minutes before the scheduled game time.
- 2) At the scheduled game time, if a team does not have the required number of players, **after a 10 minute wait-time, a win by forfeit will be awarded to the opposing team.**
- 3) Matches are best-of-three **rally-scoring sets**.

SCORING:

- 1) The first two sets are played to 25 win by 2 with a cap of 28. The third game is played to 15 win by 2 with a cap of 18.

PLAYING REGULATIONS:

- 1) **Serving:** The ball shall be hit with one hand or any part of the arm and does not have to be tossed or released from the hand(s) before being contacted.
- 2) The ball cannot be spiked following a serve.
- 3) The ball can only be passed 3 times by your team before being hit to the other side. The ball must be hit over the net on or before the third time hit.
- 4) A ball striking the ceiling or an overhead obstruction above the playable area shall remain in play provided the ball contacts the ceiling or obstruction on the side of the net extended that is occupied by the team that last played the ball, and the ball is legally played next by the same team.

- Balls that hit off the yellow net (dividing Court A & B) WILL NOT remain in play
- Balls hitting off the wall WILL NOT remain in play.

5) **Boundaries:** The playing boundaries are the red lines around the volleyball court.

6) **Ball Handling (Setting):** Both hands must contact all overhead passes (sets) with two hands simultaneously in a clearly distinct manner.

7) **The legality of all ball-handling attempts will be at the discretion of the official.**

8.) Carrying is **NOT** allowed

TIMEOUTS:

1) Each team is allowed one 45 second time-out each game.

2) Requests for time-outs can be made while the ball is dead.

SUBSTITUTIONS:

1) Teams are allowed an unlimited number of substitutions per set.

2) Substitutions can be made while the ball is dead.

GENERAL INFORMATION

1) Officials of the game have the authority to govern the rules and interpret the game.

2) Intramural supervisors have complete control of games and buildings.

3) Only the team captain can communicate with the officials.

4) Players using alcoholic beverages or other mind altering drugs in the facilities or otherwise conducting themselves in a manner detrimental to the league welfare will be permanently disqualified as determined by the intramural supervisor.

5) No one is permitted on the playing area for the purpose of practice until the previous game is completed. Violations of this rule will result in forfeiture of the game.

6.) ANY VERBAL OR PHYSICAL ALTERCATIONS FROM PLAYERS, COACHES, AND / OR SPECTATORS, WILL RESULT IN IMMEDIATE EJECTION FROM THE CURRENT GAME, THE REST OF THE SEASON, AND / OR POSSIBLE LAW ENFORCEMENT INVOLVMENT. NO EXCEPTIONS!

NO ID = NO PLAY:

Persons failing to abide and adhere to this protocol and procedure will affect their sportsmanship ratings and ability to qualify for playoffs.

Persons failing to abide and adhere to this protocol and procedure may be subject to disqualification, ejection, suspension or banned from intramural sports if deemed necessary by the Recreation Department.

All decisions are subject to an appeal process. Contact Amy Letts, Fitness Center Director (662-4865) or Lauren Mirt, Intramural Coordinator (662-4231).